

**IDRE SPORTS CLUB
INVITES TO**

IDRETÄVLINGARNA

Sunday the 7 of December 2008

Location:	The stadium at Idre Fjäll.
Tracklengths and Age groups:	10 km: H21, H 19-20 (b 89-90), H 17-18 (b 91-92). 5 km: D 21, D 19-20 (b 89-90), D 17-18 (b 91-92), H 16 (b93), D 16 (b 93), H 15 (b 94), D 15 (b 94), H 14 (b.95), D 14 (b.95). 2,5 km: H 13 (b 96), D 13 (b 96), H 12 (b 97), D 12 (b.97), H 11 (b.98), D 11 (b.98). 1,5 km: H 10 (b 99), D 10 (b 99), H 9 (b 00), D 9 (b 00). 1 km: H 8 (b 01), D 8 (b 01), H 7 (b 02), D 7 (b 02).
Disipline:	Skate
First start:	Kl. 10.00.
Application:	Application must be sent in before the 3 of December 2008. For more information: Peter Bodemyr 0046 (0)70 670 54 26. Fax 0046 (0)253-49 87 45. Make sure to include FIS number in the application. Starting lists will be published online. Please note that there we will not accept any applications after December 3.
Application fee:	D/H 21 150 sek/competitor, D/H 17-20 125 sek/competitor, D/H 7-16 100sek competitor. Application fee can be payed on the day of the event at the administration office on Idre Fjäll Ski stadium. NB You must pay the application fee to be allowed to start in the competition
Prizecermony:	Nipsalen conference room, Idre Fjäll. Prizecermony after total result (sat+sun).
Food:	Idre Fjäll, restaurant in the main building. Hot dogs will be sold at the ski stadium
Nummerlappar:	If you do not return your ticket you will be debited a fee of 100 sek.
Rules of the competition:	International Ski Federation and Swedish Ski Federation rules apply. Competitors and coaches participate at one's own risk. If the competition is canceled 50% of the entry fee will be repayed.
Logi:	Särna Camping 0046 (0)253- 108 51 Turistgården , Särna 0046 (0)253-104 37 Björkhagen , Särna 0046 (0)253-103 08 Länsmansgården , Särna 0046 (0)253-102 93 Idre Turism 0046 (0)253- 200 00 Idre Fjäll 0046 (0)253- 410 00 Idre Fjällens Sport 0046 (0)253-203 08 Hotell Njupeskar 0046 (0)253- 105 15 Idregården 0046 (0)253-201 50 Sporthotellet i Idre 0046 (0)253- 209 00 Knappgården 0253-180 60 Särnahedens bystuga 0046 (0)253- 180 04.
Showers:	Idre Fjäll, Sport Arena.
Administration:	Idre Fjäll Ski stadium Sunday 7 dec. kl.07.30-to end of competition
More info:	www.idresk.w.se. Starting lists will be published on 2008-12-04 and results from 2008-12-07. Competition organizer Sven Larsson 0046(0)253-104 34 (b)0046 (0)73-180 47 51.

Snow cannons guarantee good conditions

NB! Prize cermormony on Sunday 7.12 2008 after total result (Saturday+Sunday). Nipsalen Conference room, Idre Fjäll.