

IDRE SPORTKLUBB AND SÄRNA SKIDKLUBB
INVITES TO

SÄRNATÄVLINGARN

A

with Intersport Cup and FIS-competition
SATURDAY DECEMBER 5th 2009

Race location:	Idre Fjäll
Distances and race categories:	<u>Särnatävlingarna: Interval start – Classic technique</u> 0,9 km (The Sprint Course, starting 6 and 6): H -8 (born 02),D -8 (b 02),H9 (b 01),D9 (b 01),H10 (b 00),D10 (b 00), H11 (b 99), D11 (b 99),H12 (b 98),D12 (b 98),H13-14 (b 97-98), D13-14 (b 97-98), H15-16 (b 94-95),D15-16 (b 94-95) DH13-14 A+B-final (Top 12), DH15-16 A+B-final (Top 12) <u>Särnatävlingarna: Sprint – Classic technique</u> H19-20 (b 90-91),H17-18 (b 92-93), D19-20 (b 90-91),D17-18 (b 92-93) <u>Särnatävlingarna: Sprint – Classic technique Intersport Cup</u> D21, H21
Race start:	9:00 a.m.- Intersport Cup. Other categories – 2:00 p.m.
Registration:	Registration through Idrotten Online. Entry deadline December 1 st . Information: Peter Bodemyr. 0046-706 705 426 eller fax 0046-253 49 87 45. Check that you have a valid FIS-licence before registration. Starting lists and results will be published on the Internet. If you don't want your name to be published, tell us when registering. Skiers without a FIS-licence in categories DH17-21 are not allowed to start. N.B.No late entries!
Race fees:	D/H 21 200SEK/person, D/H 17-20 150SEK/person, D/H 7-16 100SEK/person. International entrants can preferably pay race fee when picking up the bibs. Race fees must be payed before bibs can be picked up.
Awards:	DH 8-16 Medals will be given to all youth (-DH16) finishing the race and prices will be given to top three finishers in each category at Skidstadion Idre Fjäll. Prices will be given top 6 finishers in DH17-21.
Food and drinks:	Idre Fjäll, Vårdshuset (The inn).
Bibs:	Bibs that aren't returned will cost 500 SEK for Intersport Cup, 150 SEK other categories.
Competition rules:	FIS International Competition Rules and Swedish Ski Association Rules. Entrants and coaches will participate at their own risk. 50 % of the race fee will be refunded if the race is cancelled.
Waxing:	If you need wax facilities please contact peter.bodemyr@telia.com Information needed: How many athletes and waxers, and your team name.
Accomodation:	Björkhagen, Särna 0046-253 103 08 Turistgården, Särna 0046-253 104 37 Särna Camping 0046-253 108 51 Länsmansgården Särna 0046-25310293

	Idre Turism 0046-253 200 00 Knappgården Pensionat 0046-253 180 60 Idre Fjällens Sport 0046-253 203 08 Idregården 0046-253 201 50 Sporthotellet i Idre 0046-253 209 00 Hotell Njupeskar 0046-253 105 15 Idre Fjäll 0046-253 410 00 Särnahedens bystuga 0046-253 180 04
Shower:	Idre Fjäll, Sporthallen (The sports hall).
Race office:	Idre Fjäll, at the ski stadium Saturday 5 th dec 7:00 a.m. -end of competition.
Information:	www.sarnask.com , www.idresk.w.se. Starting list will be available at the homesite from 4 th dec and results from 6 th dec. Chief of race Sven Larsson 0046-253 104 34 or 0046-73 180 47 51

SNOW MAKING GUARANTEES GOOD CONDITIONS!